

NEW HACKENSACK REFORMED CHURCH

1580 ROUTE 376

WAPPINGERS FALLS, NY 12590

(845) 462-0810

www.nhrc-church.org

Rev. Keith W. Tamlyn, Senior Pastor

Rev. James A. Neevel, Pastor Emeritus

FEBRUARY CHURCH NEWS, 2012

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February 2012 Worship Schedule

9:15 and 11:00 a.m. Worship Services

February

5	Communion	Scripture: Mark 1:29-39 Sermon: "A Community Filled with Signs and Wonders"
12		Scripture: Mark 1:40-45 Sermon: "An Extraordinary God in Ordinary Places"
19	Transfiguration	Scripture: Mark 9:2-9 Sermon: "Worship on the Way to the Cross"
26		Guest Preacher: Chaplain Don Heringa

FROM THE PASTOR'S PEN....

Dear Members and Friends of New Hackensack,

The season of Lent will soon be here. Lent is a meaningful part of our Christian Journey when we are given the opportunity to honestly look at ourselves, knowing that God loves us just as we are. It is an opportunity for us to begin again, and to walk closer with our God. Our Lenten theme this year will be "Deepening Your Faith." We will begin our journey with the Ash Wednesday Service on February 22nd at 8:00 p.m., when we will share in a very meaningful communion service together.

Our Wednesday evening Lenten gatherings for dinner and lecture/discussion will begin the following Wednesday, Feb. 29th. This year, we will be blessed once again with the Rev. Robert Geehan, Pastor of the Poughkeepsie Reformed Church, as facilitator of our Lenten series. (Please see the enclosed article regarding times and meeting days for the Lenten series.)

Also, earlier in February, we will be gathering for our Annual Congregation Meeting on Sunday, February 5th, immediately following our 2nd service. Lunch will be provided for us by the Congregational Life Committee. During the meeting, we will not only review the past year, but also look ahead into the new year, paying particular attention to our spending plan and overall financial status. The great news is that we ended in the black for 2011, and the challenge we face is a significant shortfall for 2012. Consistory has discussed possible options for us to review, and they will be shared with you at the luncheon. I do hope you plan to join us.

See you in worship,

Rev. Keith Tamlyn

CHRISTIAN EDUCATION....

Kris Rice, Christian Education Director

462-0810, Ext. 104

Jesus said to them, "*Whoever welcomes this child in my name welcomes me, and whoever welcomes me welcomes the one who sent me; for the least among all of you is the greatest.*" Luke 9:48

Our children are such an important part of the ministry here at New Hackensack. From 2 years old through high school, each week our teachers nurture and guide them in their faith walk, learning of God's great love for them. Connecting to God through Bible readings and stories, and the teaching of Jesus, and where applications to everyday life are made, to help our children grow in their understanding of God's word. It is such a joy to be able to spread the Good News!

✠**VBS**...Summer may seem so very far away, but it is already time to start thinking of the fun and adventure of our **Vacation Bible School**. This year's theme is "*Sky*" where "*Everything is Possible with God.*" The dates are August 6th - 10th. More information to come in the months ahead.

✠**Nursery Care**...Please give thought to **volunteering in the Nursery**. Even though we have a caregiver on staff, we still need to have another person helping with the little ones each week. The sign-up sheet is at the Information Center in the Gathering Area. If you have any questions, please contact me.

✠**Snack Time...**The children really enjoy having snacks, and it's a great time to be able to sit and go over our lesson and just be able to let them talk.

✠**Confirmation Class...**This is an exciting time to be thinking about your relationship with God, making a commitment to follow Jesus Christ and joining our church. The classes will begin on Sunday, February 12

at 12:45 - 2:00 p.m. in Room 7 of the Education Center. A full schedule will be handed out at the first class. Your child should be 14 years of age or older and/or in the ninth grade or higher. Confirmation Sunday will be Sunday, May 6th, followed by a celebration in the Gathering Area. Please call Hazel at the church office to register (462-0810, ext. 100).

In His service,

Kris Rice

Christian Education Director

Outreach

Homeless Shelter: The new volunteer sign-up list to cook and serve the homeless is now available at the Information Center. Please check your calendars and sign up. NHRC volunteers the 4th Sunday night of each month.

Food Pantry Collection: Collection boxes are available in the Gathering Area, Fellowship Hall and the Education Center. The food pantries that we support are The Veterans at Castle Point and The Beacon Reformed Church. The holidays are now behind us but the recipients are still there. The food pantries have been hit quite hard during the holiday season and they are now finding themselves with empty shelves. Please consider to bring in a box or can of food the next time you come to church. A complete listing of the shelter needs are available near each box.

Blood Drive: We are now hosting blood drives led by The American Red Cross and, to date, we have reached and exceeded our goals. Of course, this is thanks to you and the many community donors. The next drive will be on **February 13th from 2pm until 7pm** in our own Fellowship Hall. Mark your calendars and drink lots of water on that date. The Double Reds machine(s) will be available for those that prefer to donate doubles.

Creative Kindness: This program has really been a delight to many people in need. We are currently making blankets and scarves for the Veterans at Castle Point, pillows for the kids at Vassar Brothers Medical Center (gearing up for Easter) and more aprons (bibs) for the seniors at Avalon. If there are any sewing-talented people who are interested in making handmade gifts for this program, please let us know. If you want to help but don't know how to sew, we are always accepting gift cards of any amount from Jo-Ann's Fabrics or Hobby Lobby to help purchase the material and other sewing supply needs. All donated gift cards will be recorded with our Financial Secretary as a donation to NHRC.

If you know of someone who could use a little cozy comfort with a snuggly blanket, please let us or Mary Lou Grott know so we can accommodate that need.

A big thank you to Bob Cooper for his generous donation of a big box of fiber fill.

Christmas Eve Offering:

The offering received was split as follows:

✠Reformed Church World Service - International Disaster Relief - \$753.75

✠Reformed Church World Service - Domestic Disaster Relief - \$753.75

✠Rural & Migrant Ministry - \$1,507.50

PARISH HEALTH MINISTRY...

Mary Lou Grott, R.N., Parish Nurse,

462-0810, Ext. 110, Tues., Wed., Thurs.

Learn About Your Cholesterol and Blood Pressure Numbers

February is Heart Health Month, a good time to refresh our memories with what all those important cholesterol terms and numbers mean. The following information was taken from several sources, including the American Heart Association and Mayo Clinic websites.

It is recommended that starting at age 20 - but it's never too late- you should get a lipid panel done (or a more extensive lipoprotein profile if you are at increased risk for heart disease) every five years. If you get an "iffy" report back, the good news is that you and your doctor can develop a plan, usually involving a healthy diet and exercise, to improve your score. Below are the numbers you're trying to achieve and maintain:

Total Cholesterol - People with a total cholesterol level of 240 mg/dl or more typically have twice the risk of heart disease as people whose cholesterol level is normal, according to the American Heart Association. Healthy target: less than 200 mg/dL.

LDL ("Bad") Cholesterol - Too much low-density lipoprotein can slowly build up and eventually form a thick plaque that narrows and hardens the arteries, also known as atherosclerosis. Healthy target: less than 100 mg/dL; below 70 mg/dL for those at very high risk of heart disease.

HDL ("Good") Cholesterol - High levels of high-density lipoprotein protect against heart attack by carrying cholesterol away from the arteries. Having low levels (less than 40 mg/dL) of HDL increases your risk of heart attack. Healthy target: above 50 mg/dL.

Triglycerides - High amounts of these fats are associated with a high cholesterol count and heart disease. Triglycerides may be elevated if you're overweight, obese, or physically inactive, or if you smoke, drink too much alcohol, or eat a diet very high in carbohydrates (60% or more of your total calorie intake). High triglycerides also signal excess levels of glucose in diabetics. Healthy target: less than 150mg/dL.

Blood Pressure - Blood pressure that's greater than or equal to 140/90 directly increases your chances of suffering from heart disease and stroke. Healthy target: below 120/80.

If I can be of any further assistance in helping you achieve these healthy targets, please call my office to make an appointment. Heart disease remains the number one killer of both men and women in our country, and deserves our full attention.

Save the date!! - Tuesday, February 14th, 11:45am -

PHM Lunch and Learn Program, with speakers from *Hudson Valley Home Matters*, a not-for-profit membership organization founded by area residents to give those 50 and older the practical means to continue living active, independent lives in their own homes. They help provide referrals to their members for preferred home care agencies and service contractors, provide volunteers who help with transportation, running errands, light

home repairs and yard maintenance tasks, assist with computer problems, and that's not all! Come and learn more about this organization by signing up soon in the Gathering Area or by calling Mary Lou.

Lunch will be delicious soups, salad, and wraps along with some special Valentine's Day treats and good fellowship to warm our hearts, bodies, and souls!

Hope you can join us! A free-will offering will be collected, with recommended amount of \$3-\$5 to cover the cost of the wraps.

We hope you can join us!!

ANNUAL CONGREGATIONAL LUNCHEON AND MEETING..

February 5, 2012 following the 2nd service; join us in Fellowship Hall for a luncheon provided by the Congregational Life Committee. The Annual Meeting will begin at 12:45 p.m. Sign up in the Gathering Area if you wish to participate in the luncheon.

Congregational Life... Fund Raiser...

We know it's a little early to be thinking about Easter, but if you buy Easter candy for baskets (or for yourself!) The Congregational Life Committee has an **Alps Chocolate Shop fundraiser** coming soon.

For those of you who have never heard of the Alps Chocolate Shop, you are in for a treat! They are a locally owned business that specializes in high-quality chocolates and sweets.

The Congregational Life Committee is interested in purchasing new 8' tables for the Fellowship Hall. The tables we have now are extremely heavy and cumbersome to set up and take down. Our goal is to gradually replace them with durable, lightweight tables that can easily be set up by our committee members, or anyone else who needs to use them.

That's where Alp's Sweet Shop comes in! They have fundraisers for local organizations, and we would like to give the Spring Fundraiser a try. Alps will give NHRC a set percentage of the sales, and that money will be put towards the purchase of the tables.

We are hoping to have the flyers and order forms ready by February 19, or sooner. The prices are reasonable, and range from \$1.95 - 12.95. We will be selling chocolate bunnies, gourmet jelly beans, peanut butter cups, non-pareils, foil eggs, and more! All you will have to do is fill out the order form and hand it in at church with your check or cash, by the due date. Your order will be delivered and ready for you to pick up at the end of March. Exact dates and detailed instructions will be forthcoming in February.

From Jan Fritzinger, the Seminary Student

Reflection on S.D.

So we live in a society that talks in acronyms---when I worked for IBM, we always talked in acronyms, IBM, I've Been Moved, so you are wondering what S.D. stands for? It stands for Spiritual Director. I wanted to share with you my experience. I believe with all my heart and mind that if you are clergy or a seminarian, you should have a spiritual director. For quite a few years, I would hear a few clergy speak about becoming a spiritual director. I really thought it was a secret society.

One year ago I took the Spiritual Discipline class with Dr. Mulder. It was a transforming experience for me. We ended our seven weeks with an overnight retreat. It was here and maybe during the classes, he spoke about being connected with a spiritual director on your journey. I left that retreat thinking I was going to seek one.

I was not sure how to begin the "seeking" and I knew I could not go back to the retreat center in NJ...it was just a little too far to travel for spiritual direction. In the Hudson Valley, we are blessed with many retreat centers along the river. Some are former seminaries for the priesthood that have since changed their mission.

So I started to send out some emails inquiring about spiritual directors. I decided I would be open to the first one who returned my email. Well, 24 hours went by and my email was answered.

I was really stepping out in faith! In February, I had my first meeting with my spiritual director. She is of the Catholic tradition. My spiritual life has grown and has become more disciplined. I feel the presence of God whenever I meet with her. It has made me more accountable for my spiritual life and renews me. For me, it is MY time with her and I do not have to share it with anyone else.

I would like to say that this is not a counseling session or therapy session but rather a time set aside where God and the Spirit are present in our company. We begin and end with prayer. We talk about my faith journey and where I am and how God is working (or not working) in my life. We share our faith traditions and how they are the same and different.

Even when you approach the facility, you can feel the calmness of the physical setting. You feel your heart and mind slowing down to the pace of the environment.

Seemingly, everything from the outside world gets put to the side. She is highly educated but I do not think this makes a difference. She has a strong spiritual sense and feeling for humankind and loves our Lord. Most of all, she has that inner ear to be able to guide and suggest to me about my spiritual journey.

She told me in one of our earlier times together to come early or stay later, and just sit on the grounds or in the beautiful chapel. I thought...are you nuts? I did go to the chapel that day. It was very intimidating and the mystical presence of God was in there with all vast ceilings, thick walls, and massive statues on side. You could hear your voice echo! So I sat there. I did not have my Bible but I took out some kind of liturgy book from the pew rack and tried to read. I really did not read because I was so mystified with the chapel and feeling that power of God radiate from the beautiful walls and ceilings. Then I walked around the chapel and looked at all the statues.

When I left the chapel, it was like I had been lifted up and I was lifted up! This was the start of my spiritual direction and journey with her. It has brought me to another level of spirituality.

You will be amazed at how God will continue to work in your spiritual life at a different level. I do not think the spiritual director has to be a doctor in theology, but it does need to be an able person who has been trained in spiritual disciplines so they can guide you on your faith and spiritual journey.

I also believe special training is required by the spiritual director. This person walks with you and God on your journey. Again, I emphasize it is not a therapy session and if a person claims to be a spiritual director and it turns out to be a therapy session, you need to revisit it. I do not even want to call it a "meeting" but rather a time together to be with your spiritual director and God. The spiritual director is like a "third party". They are not your advisor, your mentor, your professor, or pastor in your home church, your best friend, or therapist. They love you as a child of God and are there to assist you in strengthening your relationship with God.

Friends, I pray each of you will find a spiritual director and your life will be transformed as my life has been transformed in the past year. It has been God's gift to me!

In His love,

Jan

Greetings from Kermit!

Here we are at the beginning of a new year, with one Piggy Bank Bazaar behind us, and this year's Even Greater Bazaar ahead. Now it's time for planning, and donating, and Workshops, and just LOTS of stuff. It's enough to keep this frog hopping with joy during this cold time of year!!

The year will start out with the Annual Planning Meeting on Wednesday, February 1st at 9:30 a.m. in Room 15. Please join us at the meeting - you'll be Very Welcome!! You'll get to hear a report of last year's Bazaar, and you'll be a participant in planning for this year! You'll also get to help allocate Bazaar profits to specific donations. If you have any craft ideas, please bring those with you - the Workshop folks are always on the lookout for new ideas! And perhaps best of all, Refreshments will be served!!!

February's Wednesday Morning Workshops will be held on the 8th, 15th, 22nd and 29th, at 9:30 a.m. in Room 15. (Meetings usually last until about 11:30.) The Workshop on the 8th will be the annual Reorganize Piggy's Cabinet session, where we will put away all the donated supplies you Wonderful people have brought us. Once that is done, the Workshops will be mostly craft projects. With several projects underway at a time, there's bound to be one or two that are perfect for YOU! Please join us at the Workshops!! Children are always welcome.

One special note about wintry weather. Sometimes snow does affect the Workshops. The rule is that if Wappingers schools are closed or even just delayed, there will be no meeting.

For the last few years, the Piggy Bank folks have been learning how to make beaded jewelry. On Saturday, March 10th, at 9:30 a.m. in Rooms 13 and 15, they will be holding an instructional workshop for anyone who'd like to learn the basics of making beaded necklaces, bracelets, and earrings. Each participant may take home a free piece of jewelry, and we hope you will also have time to make some additional items for the Bazaar. Introductory lessons will begin at 9:30. If you're already skilled in jewelry making please join in too, and have fun designing with all the beads we have available.

Each year, TAKE HOME KITS make up a significant part of what we're able to offer all the young humans at the BAZAAR. These are made available to members of the congregation in the spring. Each kit includes a completed sample of the craft, supplies to make more of the item, and written instructions. We are looking for several people who would like to DESIGN TAKE HOME KITS. Designers usually do most of the work at home, getting supplies from Piggy's Cupboard, on line craft sites or mail order catalogs, and local stores.

Once Piggy's Cupboard is all straightened up, there'll be room for some supplies we need, including beads, jewelry making supplies, old jewelry, ribbon roses, fused pearl strands, new nails, screws, washers and hooks, pliers, pom poms, buttons, Styrofoam balls, Styrofoam cones, Styrofoam flat sheets, tennis ball containers, jingle bells, Christmas and other designed mugs, fabric, pillow forms, polyester stuffing and batting, yarn, ribbon, floral foam, vases, floral moss, paint brushes, craft paints, scrap book paper, new pencils and pens, stickers, rulers, yardsticks, rhinestones, very fine glitter, cut out wood shapes, frames, Christmas gift wrapping paper, Christmas gift bags, tissue paper, and other miscellaneous craft supplies. For the 2012 Bazaar we'll need department store handled bags or grocery bags with handles. Any of these or other goodies you may have for the Bazaar can be left in Room 15. Mrs. Ray (my human friend who is all refreshed and ready to start on this year's Bazaar) tells me that all the Wednesday Workshop folks enjoy looking through new donations!!

That's all the news for now. I need to get busy hopping around so I'll stay warm. I hope to see YOU at the Workshops!!

♥Yours in Love,

Kermit

Adult Christian Education...

"Growing in F.A.I.T.H." -Lenten Dinners and Programs.

The 2012 4-week Lenten series will be coordinated by Christian Education / Congregational Life Committees and led by the Rev. Bob Geehan from PRC entitled "Growing in F.A.I.T.H.." We will begin promptly at 6:30 PM with dinner, and a presentation will follow at 7:15 PM. After each presentation, we will incorporate small group discussion (with questions provided by Rev. Geehan ahead of time to guide the discussion). The first of the series begins Wed. Feb 29th the week following Ash Wed. (Feb 22.). The series continues on March 7, 14th and 21st, with the 28th reserved as a snow date. Sign-up sheets for attendance and for making the dinners are in the Gathering Area.

SMALL GROUPS/BIBLE STUDY

If anyone is interested in forming a small group, including Bible Study as an activity, Sherry Seney is available to suggest/provide resources and/or facilitate evenings and weekends.

NEW HACKENSACK NURSERY SCHOOL

REGISTRATION...

Registration for the 2012-13 school year begins February 6th and is ongoing. Contact our Registrars at 462-0810: 3's, ext. 182; 4's, ext.183 with questions, applications or registration information. You can also visit our website at:

newhackensacknurseryschool.org

“THIRD GATHERING”... Please join us on Sunday, February 19th at 10:15 a.m. in Fellowship Hall. This is for those who are interested in learning more about the Reformed church in America and NHRC programs and opportunities.

NEW MEMBERS' CLASS...

NHRC will be holding another New Members' Class on Sunday, March 11, 2012 from 12:30 - 3:00 p.m. for all those who are interested in learning more about The Reformed Church in America as well as programs the church has to offer the congregation. The class will be held in Room 7 immediately following the 11:00 a.m. worship service. This is a great opportunity for anyone who may be looking to make New Hackensack their church home. Pastor Keith Tamlyn will be the facilitator and along with some of the church staff. He will be available to help with any questions you may have. If you would like to attend the class, please contact Hazel Gregson, the Church Administrative Assistant at 845-462-0810, ext. 100.

Kindness Breakfast
for Men and Women

On Saturday, February 25, (snow date 3/3) at 9:00, the women's group at our church will be sponsoring a breakfast for men and women. Please sign up in the Gathering Area for this breakfast. Breakfast will be served from 9:00- 9:45 and Rev. Kathleen Edwards Chase will speak from 10:00- 11:30 with a fifteen minute break from 10:45-11:00. Rev. Kathleen Edwards-Chase is an expert on the topic of kindness as a Christian virtue. Kathleen will be focusing our thoughts on how we can think about kindness as we get ready to make our spiritual journey during Lent. Kathleen comes to our church as a highly regarded speaker and minister in the Reformed Church. Several of our church members and our minister have heard or participated in one of Kathleen's presentations, and they all have agreed she is an excellent speaker who has that rare ability to inform and inspire at the same time.

Last year we had 66 people at our February breakfast. Everyone agreed that this was a wonderful time of good food and fellowship. Due to popular demand for the same breakfast food as last year, we will be serving the same delicious muffins from the same local bakery, bagels, cheese and fruit.

Jewelry Making Class on March 10

Everyone is invited to a jewelry making workshop on March 10 in Rooms 13 and 15. The class will begin at 9:30 a.m. and end at 12:00 noon. There will be an introductory jewelry making lesson at 9:30, but anyone may join us for the workshop between 10:00 and 11:30. Each participant will take home a free piece of jewelry of his/her choice. We will make jewelry to be sold at our children's Piggy Bank Holiday Bazaar.

No special skills are required for this workshop. Many participants in the past have simply spent the morning stringing the beads which requires no special skill. Most participants enjoyed learning how to put clasps on jewelry and other jewelry making skills. We will have a wide variety of beads available, and we will be making necklaces, earrings, bracelets and elasticized ankle bracelets. We will of course have great snacks, including Paul Secor's famous lemon bars.

Jill Jurina will be a special guest instructor. Jill is going to help participants make a memory wire necklace. There will be a first come, first served restriction for the beautiful memory wire necklaces that Jill Jurina will be teaching the participants to make. Jill will have a variety of exquisite wire wrapped pendants for the participants to put on their memory wire necklaces. If time allows, Jill will help the participants make their own wire-wrapped pendants.

Walk-ins on the day of the workshop are welcome. Please sign up in the Gathering Area.

✚ THE SCHOOL for CHRISTIAN LIVING and SERVING.. Announces its winter/spring 2012 term opportunities:

- ❖ **Old Testament** (6 weeks) begins Tuesday, February 21, 7:00-10:00 p.m. at Hurley Reformed Church. Rev. Jay Vogelaar will be the instructor.
- ❖ **A Sacred Trust: Boundary Issues for Clergy and Spiritual Leaders** will be held on Saturday, March 3, 9:30 a.m. - 1:00 p.m. at the Wallkill Reformed Church. This workshop is important for all persons interested in creating safe environments for their leaders and parishioners. Rev. Toni Macon is the facilitator for this workshop.
- ❖ **Couponing** led by Rev. Steve Sickler will be of interest to serious shoppers and others looking to be good stewards of their resources. The seminar will be offered at two different locations - Monday, March 5 (snowdate: March 26), 7:00 - 9:00 p.m. at New Paltz and also on Monday, April 16 at the Wurtsboro Reformed Church, 7:00 - 9:00 p.m.
- ❖ **Leading the Prayers of the People** - Ellen Ratmeyer will facilitate this workshop on Saturday, March 24, 9:30 a.m. - noon at New Paltz Reformed

Church and a second opportunity will be offered at Deerpark Reformed Church, Port Jervis on Saturday, March 31.

❖**Biblical Exegesis** (6 weeks) begins on Tuesday, April 10, 7:00 - 10:00 p.m. at Hurley Reformed Church. Old and New Testament are prerequisites for taking this course.

❖**Treading Water with God: Caring for the Caregiver**, a two hour seminar that enables us to reach out in friendship to support the home caregiver, will be offered on Saturday, April 21, 9:30 - 11:30 a.m. at Fishkill Reformed Church. Veronica Badowski will be the facilitator of this discussion.

For full course descriptions, please pick up the information at the Information Desk in the Gathering Area. See the Registration Form on the inside cover of this Church News - additional registration forms are also available at the Information Center. If you have questions about any of these courses or the *School for Christian Living and Serving*.

FEBRUARY, 2012

1, Wednesday

9:30 a.m. Piggy Bank Workshop Annual Planning Meeting

10:00 a.m. Wellness Committee

7:00 p.m. Stephen Ministry Supervision

2, Thursday

7:15 p.m. Senior Choir

3, Friday

10:30 a.m. Strength and Balance Exercise

5, Sunday **Communion**

8:00 a.m. Adult Sunday School

9:15 a.m. Worship, Sunday School
Jr. and Sr. High

11:00 a.m. Worship

12:15 p.m. **Annual Congregational Luncheon and Meeting**

6, Monday

5:30 p.m. Klokken Ringers/Novice

6:45 p.m. Klokken Ringers/Advanced

8:00 p.m. Campanola Ringers

7, Tuesday

10:30 a.m. Strength and Balance Exercise

8, Wednesday

9:30 a.m. Piggy Bank Workshop Planning Meeting

9, Thursday

7:15 p.m. Senior Choir

10, Friday

10:30 a.m. Strength and Balance Exercise

12, Sunday

8:00 a.m. Adult Sunday School

9:15 a.m. Worship, Sunday School

Jr. and Sr. High
11:00 a.m. Worship
12:45 p.m. Confirmation Class

13, Monday

2:00 p.m. Blood Drive
5:30 p.m. Klokken Ringers/Novice
6:45 p.m. Klokken Ringers/Advanced
8:00 p.m. Campanola Ringers

14, Tuesday

10:30 a.m. Strength and Balance Exercise
11:45 a.m. Hudson Valley Home Matters Lunch/Program

15, Wednesday

9:30 a.m. Piggy Bank Workshop
7:00 p.m. Stephen Ministry Supervision
Nursery School Board

16, Thursday

7:15 p.m. Senior Choir

17, Friday

10:30 a.m. Strength and Balance Exercise
3:00 p.m. March News Deadline

19, Sunday Transfiguration

8:00 a.m. Adult Sunday School
9:15 a.m. Worship, Sunday School
Jr. and Sr. High
10:45 a.m. "Third Gathering"
11:00 a.m. Worship

20, Monday Presidents' Day/Office Closed

21, Tuesday

10:30 a.m. Strength and Balance Exercise
7:00 p.m. RCWM Book Club

22, Wednesday Ash Wednesday

9:30 a.m. Piggy Bank Workshop
8:00 p.m. Ash Wednesday Service/Communion

23, Thursday

7:15 p.m. Senior Choir

24, Friday

10:30 a.m. Strength and Balance Exercise
9:30 a.m. Collate March News

25, Saturday

9:00 a.m. Kindness Breakfast for Men and Women

26, Sunday First Lent

8:00 a.m. Adult Sunday School

9:15 a.m. Worship, Sunday School Children's Message
Jr. and Sr. High

11:00 a.m. Worship

8:30 p.m. Dutchess Homeless Shelter

27, Monday

5:30 p.m. Klokken Ringers/Novice

6:45 p.m. Klokken Ringers/Advanced

8:00 p.m. Campanola Ringers

28, Tuesday

10:30 a.m. Strength and Balance Exercise

29, Wednesday

9:30 a.m. Piggy Bank Workshop

6:30 p.m. Lenten Dinner/Program